

Discover the challenges and rewards of dating ethnic men.

Explore the hidden agendas that drive ethnic men's relationships and family dynamics.

Find the key to creating intercultural harmony and happiness.

Multicultural relationships are increasingly common, despite the many challenges involved. If you're a Caucasian woman considering a relationship with an ethnic man, this invaluable guide will open your eyes to the impact of religion, family obligations and peer pressure on your partner's ability to fully commit to you.

With practical advice and case studies of real-life multicultural couples, *Dating the Ethnic Man* shows you how to address and embrace the often-divisive cultural differences between you and your man, while enriching your experience of life and of each other. The next-best thing to couples therapy, this book takes you on a journey of discovery and understanding that will enable you to gain control of your romantic life. It encourages you to honestly explore your motives as well as those of your partner, promoting deeper awareness and exposing the traditional cultural pressures that can jeopardize your potentially nurturing and passionate union. Questions for contemplation and an in-depth compatibility test provide additional insights into the ethnic man's values, sexual issues and emotional conflicts.



"Faizal Sahukhan, a respected and experienced therapist in the area of multicultural romance, sets out the solutions that will enhance your chances of avoiding the culture clash and building a satisfying relationship."

- John Ince, author of *Politics of Lust*

Faizal H. Sahukhan, PhD is a registered counsellor, clinical sexologist, university faculty member, magazine and radio advice columnist, and the National Communications Director of the Canadian Professional Counsellors Association. He lives in Vancouver, Canada with his wife and two daughters.

www.multiculturalromance.com

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Dating the Ethnic Man



Faizal Sahukhan, PhD



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"*Dating the Ethnic Man* is a must-read for anyone involved in a multicultural relationship....Dr Faizal offers explanations that will help couples understand each other on many levels: family, culture, religion, values, etc....This book will surely help to avoid many pitfalls along the journey toward matrimonial bliss."

- Dr Laurie Betito, Psychologist and Radio Host

Dating ^{the} Ethnic Man

Strategies for Success

What makes multicultural relationships so challenging?

How can you be sure your ethnic man is right for you?



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